



Car Emergency Preparedness Plan

Sanitation		
<input type="checkbox"/> 4-pack TP, flattened	<input type="checkbox"/> Plastic tablecloth	<input type="checkbox"/> Dental floss
<input type="checkbox"/> Hand sanitizer	<input type="checkbox"/> Trash bags to line potty	<input type="checkbox"/> Porta-potty
<input type="checkbox"/> Toothbrush/toothpaste	<input type="checkbox"/> Keep your car's gas tank full.	<input type="checkbox"/> Clorox wipes
<input type="checkbox"/> Baby wipes	<input type="checkbox"/> Bar of soap	<input type="checkbox"/> Feminine protection
<input type="checkbox"/> Small box tissues	<input type="checkbox"/> Zip-loc bags	

Sustenance		
<input type="checkbox"/> MRE's (heat sensitive)	<input type="checkbox"/> Cocoa mix	<input type="checkbox"/> Pilot bread/Triscuit
<input type="checkbox"/> Energy bars (high calorie)	<input type="checkbox"/> Peanut butter	<input type="checkbox"/> Hard candies
<input type="checkbox"/> Almonds	<input type="checkbox"/> Jerky	<input type="checkbox"/> Tuna packs
<input type="checkbox"/> V-8 juice	<input type="checkbox"/> Dried fruit/canned fruit	<input type="checkbox"/> Dry cereal
<input type="checkbox"/> Canned pasta	<input type="checkbox"/> Applesauce/fruit cups	<input type="checkbox"/> Jam/jelly cups
<input type="checkbox"/> Gatorade mix	<input type="checkbox"/> Rice cakes	<input type="checkbox"/> Pilot bread/Triscuit
<input type="checkbox"/> Plastic utensils/metal cup	<input type="checkbox"/> Cocoa mix	<input type="checkbox"/> Hard candies
<input type="checkbox"/> Trail mix (no chocolate)	<input type="checkbox"/> Shelled sunflower seeds	<input type="checkbox"/> Freeze-dried meals
<input type="checkbox"/> Can opener		

Survival		
<input type="checkbox"/> Water	<input type="checkbox"/> Emergency radio	<input type="checkbox"/> Batteries
<input type="checkbox"/> Canteen/water bottle	<input type="checkbox"/> Heavy duty trash bags	<input type="checkbox"/> Hand/foot warmers
<input type="checkbox"/> Water filter	<input type="checkbox"/> Duct tape	<input type="checkbox"/> Work gloves
<input type="checkbox"/> Purification tablets	<input type="checkbox"/> Fleece blankets	<input type="checkbox"/> Whistle
<input type="checkbox"/> Flashlight(s)	<input type="checkbox"/> Tarp	<input type="checkbox"/> Small shove
<input type="checkbox"/> Rain ponchos	<input type="checkbox"/> Paracord	<input type="checkbox"/> Fire-starters
<input type="checkbox"/> Binoculars	<input type="checkbox"/> Multi-purpose knife	<input type="checkbox"/> Water-proof matches
<input type="checkbox"/> Light sticks	<input type="checkbox"/> Headlamp(s)	<input type="checkbox"/> Multi-tool
<input type="checkbox"/> Bandana	<input type="checkbox"/> Maps	<input type="checkbox"/> High quality first aid kit
<input type="checkbox"/> Shoe laces	<input type="checkbox"/> Small pair of scissors	<input type="checkbox"/> Collapsible nylon bag
<input type="checkbox"/> Survival & first aid manuals	<input type="checkbox"/> Walking shoes	<input type="checkbox"/> Floppy cotton hat
<input type="checkbox"/> Emergency blanket/sleeping bag		

FAMILY SURVIVAL PLANS

Security		
<input type="checkbox"/> Whistle	<input type="checkbox"/> Pepper spray	<input type="checkbox"/> emergency phone numbers
<input type="checkbox"/> Cash, coins	<input type="checkbox"/> Firearm with loaded magazines	
<input type="checkbox"/> Disposable camera		

Sanity		
<input type="checkbox"/> Deck of cards	<input type="checkbox"/> Book(s) on CD, paperbacks	<input type="checkbox"/> Chapstick
<input type="checkbox"/> Foam ear plugs	<input type="checkbox"/> Small journal/pen or pencil	<input type="checkbox"/> Battery powered fan
<input type="checkbox"/> Bible		