



## General Emergencies:

CALL YOUR EMERGENCY MANAGEMENT OFFICE OR AMERICAN RED CROSS CHAPTER	
Find out which disasters could occur in your area.	<input type="checkbox"/>
Ask how to prepare for each disaster.	<input type="checkbox"/>
Ask how you would be warned of an emergency.	<input type="checkbox"/>
Learn your community's evacuation routes.	<input type="checkbox"/>
Ask about special assistance for elderly or disabled persons.	<input type="checkbox"/>
Ask your workplace about emergency plans.	<input type="checkbox"/>
Learn about emergency plans for your children's school or day care center.	<input type="checkbox"/>

CREATE AN EMERGENCY PLAN	
Meet with household members to discuss the dangers of fire, severe weather, earthquakes and other emergencies. Explain how to respond to each.	<input type="checkbox"/>
Find the safe spots in your home for each type of disaster.	<input type="checkbox"/>
Discuss what to do about power outages and personal injuries.	<input type="checkbox"/>
Draw a floor plan of your home. Mark two escape routes from each room.	<input type="checkbox"/>
Show family members how to turn off the water, gas and electricity at main switches when necessary.	<input type="checkbox"/>
Post emergency telephone numbers near telephones.	<input type="checkbox"/>
Teach children how and when to call 911, police and fire.	<input type="checkbox"/>
Instruct house hold members to turn on the radio for emergency information.	<input type="checkbox"/>
Pick one out-of-state and one local friend or relative for family members to call if separated during a disaster (it is often easier to call out-of-state than within the affected area).	<input type="checkbox"/>
Teach children your out-of-state contact's phone numbers.	<input type="checkbox"/>
Pick two emergency meeting places. 1) A place near your home in case of a fire. 2) A place outside your neighbourhood in case you cannot return home after a disaster.	<input type="checkbox"/>
Take a basic first aid and CPR class.	<input type="checkbox"/>
Keep family records in a water and fire-proof container.	<input type="checkbox"/>

# **FAMILY SURVIVAL PLANS**

PREPARE A DISASTER SUPPLIES KIT	
A supply of water (one gallon per person per day). Store water in sealed, unbreakable containers. Identify the storage date and replace every six months.	<input type="checkbox"/>
Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, foods that are compact and foods that are lightweight.	<input type="checkbox"/>
Blankets or sleeping bags.	<input type="checkbox"/>
A first aid kit and prescription medications.	<input type="checkbox"/>
A battery-powered radio, flashlight and plenty of extra batteries.	<input type="checkbox"/>
Credit cards and cash.	<input type="checkbox"/>
An extra set of car keys.	<input type="checkbox"/>
A list of family physicians.	<input type="checkbox"/>
A list of important family information; the style and serial number of medical devices such as pacemakers.	<input type="checkbox"/>
Special items for infants, elderly or disabled family members.	<input type="checkbox"/>
Take important papers with you in a portable, waterproof container	<input type="checkbox"/>

HOME HAZARD HUNT	
Repair defective electrical wiring and leaky gas connections.	<input type="checkbox"/>
Fasten shelves securely and brace overhead light fixtures.	<input type="checkbox"/>
Hang pictures and mirrors away from beds.	<input type="checkbox"/>
Strap water heater to wall studs.	<input type="checkbox"/>
Repair cracks in ceilings or foundations.	<input type="checkbox"/>
Store weeds killers, pesticides and flammable products away from heat sources.	<input type="checkbox"/>
Place oily polishing rags or waste in covered metal cans.	<input type="checkbox"/>
Clean and repair chimneys, flue pipes, vent connectors and gas vents.	<input type="checkbox"/>